

Parent Emotion Coaching Techniques Training: Additional Resources

Source	Link	Description
Emotion Coaching UK	Emotion Coaching Resources for Professionals (emotioncoachinguk.com)	Contains: <ul style="list-style-type: none"> • Useful videos that provide an overview of emotion coaching. • Supportive training videos. • Example emotion coaching scripts.
The Brain House (KS2) <i>(see 'The Brain House' document in the resource pack for KS1)</i>	The Brain House - BBC Teach (KS2)	Teaches about what happens in our brains when we feel different emotions. This will help to give you a shared language and support regulation and feelings of control.
The Whole-Brain Child: 12 Proven Strategies to Nurture Your Child's Developing Mind <i>by Dr Tina Payne Bryson & Dr. Daniel Siegel</i>	The Whole-Brain Child: 12 Proven Strategies to Nurture Your Child's Developing Mind: Amazon.co.uk: Bryson, Dr Tina Payne, Siegel, Dr. Daniel: 9781780338378: Books	
Inside out: Guess the feelings game	Inside Out: Guessing the feelings. - YouTube	
How to Teach Social-Emotional Learning at Home	How to Teach Social-Emotional Learning at Home (parents.com)	Top tips and activities.